



PROFESSIONAL

ACM/CCM/TCM Global Status

Safe & Effective

Formula Years in Service

775+ Years

Bu Zhong Yi Qi Tang

Concentrated Decoction™

Restore the Spleen™: Tonify the Middle and Augment the Qi Decoction

Suggested Treatment Protocols

Acute - 10 days, **Subacute** - 30 days, **Chronic** - 90 days, & Reevaluate

This is Si Jin Bao's version of a classical formula developed by famous physician Lǐ Dōng-Yuán in 1247. Dr. Dōng-Yuán originally designed Bu Zhong Yi Qi Tang during an epidemic of deadly febrile & gastrointestinal disease. Today it is widely used for Organ Prolapse, gastrointestinal disorders, and has even become widely used for the aftermath of childbirth or severe illness to rebuild the immune system. It remains one of the most common Chinese herbal formulas in history.

Main Actions

- ✓ Tonifies Middle Jiao Qi
- ✓ Regulates Qi
- ✓ Raises Sunken Yang
- ✓ Lifts Prolapsed Organs
- ✓ Benefits Qi
- ✓ Treat Stagnation & Prevent Yin Fire

Indications

Western terminology that is commonly associated with these TCM patterns

- Headache
- Shortness of Breath
- Slowed Speech
- Spontaneous Sweating
- Loose Stools or Diarrhea
- Poor Appetite
- Weak Limbs
- Chronic Bleeding
- Cold Limbs
- Mental Exhaustion
- Abdomen Distension
- Nervousness
- Irritability
- Fatigue
- Aversion to Cold
- Impaired Sense of Taste



SJB Professional Concentrated Decoction

Bu Zhong Yi Qi Tang Concentrated Decoction™



Chinese

補中益氣湯

Pinyin

Bǔ Zhōng Yì Qì Tāng



Formula Category

Formulas that Tonify Qi



Source Book

Nei Wai Shang Bian Huo Lun (Clarifying Doubts about Injury from Internal and External Causes)

Source Date

1247 AD



Formula Ingredients

蔬菜甘油 Gān Yóu (Vegetable Glycerin), 黃耆 Huang Qi (Astragalus Root), 白朮 Bai Zhu (White Atractylodes Rhizome), 炙甘草 Zhi Gan Cao (Honey Prepared Licorice), 人蔘 Ren Shen (Ginseng Root), 陳皮 Chen Pi (Aged Tangerine Peel), 當歸 Dang Gui (Chinese Angelica Root), 柴胡 Chai Hu (Bupleurum), 升麻 Sheng Ma (Bugbane Rhizome), 蒸餾水 Zhēng Liú Shuǐ (Distilled Water)



Western conditions and terminology that are commonly associated with these TCM patterns

Chronic Hepatitis · Arrhythmia · Hypertension · Chronic Bronchitis · Chronic Rhinitis · Aphthous Ulcers · Chronic Laryngitis · Uterine Prolapse · Rectal Prolapse · Gastroptosis · Hernial Pain · Urinary Incontinence · Leukorrhea · Chyluria