



PROFESSIONAL

ACM/CCM/TCM Global Status

Safe & Effective

Formula Years in Service

1802+ Years

Xiao Chai Hu Tang

Concentrated Decoction™

Free the General From Constraint™: Minor Bupleurum Decoction

Suggested Treatment Protocols

Acute - 10 days, **Subacute** - 30 days, **Chronic** - 90 days, & Reevaluate

This is Si Jin Bao's version of a classical formula developed by famous physician Zhang Zhongjing in the 3rd century. Dr. Zhongjing originally designed Xiao Chai Hu Tang to treat alternating patterns of heat and cold symptoms. Today it is widely used for liver or gallbladder dysfunction. It remains one of the most common Chinese herbal formulas in history.

Main Actions

- ✔ Treats the Lesser Yang Channels (Gallbladder and Triple Warmer)
- ✔ Harmonizes & Releases Shao Yang Stage Disorders
- ✔ Relieves the Liver
- ✔ Harmonizes the Liver & Spleen
- ✔ Addresses Combined Yin-Yang Symptoms of External & Internal, Excess & Deficiency, & Hot and Cold

Indications

Western terminology that is commonly associated with these TCM patterns

- Alternating Chills & Fever
- Bitter or Sour Taste in Mouth
- Nausea
- Dry Throat
- Irritability
- Dizziness
- Heartburn
- Vertigo
- Reduced Appetite
- Abdominal Pain
- Ear Infection
- Sensation of Fullness in the Chest & Hypochondria



SJB Professional Concentrated Decoction
Xiao Chai Hu Tang™

Chinese
小柴胡湯



Pinyin
Xiǎo Chái Hú Tāng

Formula Category

Formulas that Harmonize, Harmonize Lesser Yang-stage Disorders



Source Book

Shang Han Lun (Discussion of Cold Damage)



Source Date

220 AD



Formula Ingredients

蔬菜甘油 Gān Yóu (Vegetable Glycerin), 柴胡 Chai Hu (Bupleurum), 黃芩 Huang Qin (Scutellaria Baicalensis), 半夏 Ban Xia (Pinellia Rhizome), 生薑 Sheng Jiang (Fresh Ginger Rhizome), 人蔘 Ren Shen (Ginseng Root), 炙甘草 Zhi Gan Cao (Honey Prepared Licorice), 大棗 Da Zao (Dates), 蒸餾水 Zhēng Liú Shuǐ (Distilled Water)



Western conditions and terminology that are commonly associated with these TCM patterns

Angina · Malaria · Pleurisy · Hepatitis · Chronic Cholecystitis · Chronic Gastritis · Peptic Ulcers · Pancreatitis · Pneumonia · Upper Respiratory Tract Infections · Tonsillitis · Conjunctivitis · Perimenstrual fevers · Bronchial Asthma · Epilepsy · Allergic Rhinitis · Premenstrual Syndrome · Migraine · Intercostal Neuralgia · Periaural Eczema · Parotiditis · Mastitis