



PROFESSIONAL

ACM/CCM/TCM Global Status

Safe & Effective

Formula Years in Service  
905+ Years

# Liu Wei Di Huang Tang Concentrated Decoction™

*Six Ingredient Decoction with Rehmannian*

Suggested Treatment Protocols

**Acute** - 10 days, **Subacute** - 30 days, **Chronic** - 90 days, & Reevaluate

This is Si Jin Bao's version of a classical formula developed by famous Song Dynasty physician 钱乙 Qian Yi in 1119 AD. It can be used for patterns such as Blood Deficiency, Yin Deficiency, or Liver Yang Rising to Nourish the Yin substance of the Spleen, Liver and Kidney organs. It is one of the most widely used formulas in China today.

## Main Actions

- ✓ Enriches Yin
- ✓ Nourishes the Essence of the Liver and Kidneys
- ✓ Clears Deficiency Heat
- ✓ Secures the Jing-Essence

## Indications

Western terminology that is commonly associated with these TCM patterns

- Light-headedness
- Worry
- Breast Tenderness
- Low Back, Knees & Legs Painful Weak
- Chronic Dry, Sore Throat
- Wasting and Thirsting Disorder (Xiao Ke)
- Dry Mouth & Throat
- Muscular Weakness
- Steaming Bones
- Loose Teeth
- Blurred Vision
- Urinary Incontinence
- + Over 50 more



**SJB Professional Concentrated Decoction**  
Liu Wei Di Huang Tang™



**Chinese**  
六味地黄汤



**Pinyin**  
Liù Wèi Dì Huáng Tāng



**Formula Category**  
Formulas that Tonify, Nourish and Tonify the Yin



**Source Book**  
小儿药证直诀 Xiao Er Yao Zheng Zhi Jue (Key To Therapeutics of Children's Diseases)



**Source Date**  
1119 AD

**Formula Ingredients**

蔬菜甘油 Gān Yóu (Vegetable Glycerin), 熟地黄 Shu Di Huang (Chinese Foxglove Root), 山茱萸 Shan Zhu Yu (Asiatic Cornelian Cherry Fruit), 山藥 Shan Yao (Chinese Yam), 牡丹皮 Mu Dan Pi (Tree Peony Root Bark), 茯苓 Fu Ling (Poria), 澤瀉 Ze Xie (Alisma Rhizome), 蒸餾水 Zhēng Liú Shuǐ (Distilled Water)

**Western conditions and terminology that are commonly associated with these TCM patterns**

Tinnitus · Vertigo · Diabetes · Pelvic Inflammatory Disease · Chronic Nephritis Breasts · Hyperthyroidism · Chronic Renal Failure · Hypertension · Failure to Thrive · Infertility · Chronic Asthma · Dysmenorrhea · Chronic Urticaria · Nocturnal Emissions · Irregular Menstruation · Neurosis · Atrophic Gastritis · Periodic Paralysis + More